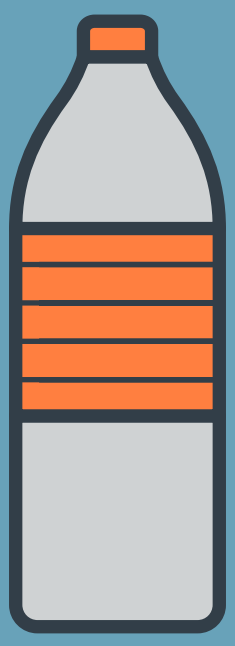
HAVE A PLAN WHEN YOU DRINK

pace yourself

don't do shots



alternate drinks

set a limit

with water

KNOW THE

STRENGTH • AMOUNT • TIME

Alpha Chi Omega
REAL. STRONG. WOMEN.

PI KAPPA PHI
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Sigma Nu Fraternity
EXCELLING WITH HONOR

ZETA TAU ALPHA
Seek the Noblest